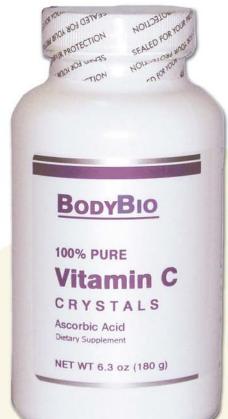
100% PURE

VITAMIN C CRYSTALS

Nt. Wt. 6.3 oz., (180 g)



SUPPLEMENT FACTS

Serving Size: 1/4 teasp. (1 g) Servings Per Container 180

Amt. per capsule

% daily value*

Vitamin C (as Ascorbic acid) 1000 mg

1667%

*Percent Daily Values are based on a 2000 calorie diet.

INGREDIENTS: Ascorbic Acid

SUGGESTED USE: Stir 1/4 tsp. in water or juice, with or after meals.

"Ascorbic Acid is necessary for the formation of mature collagen, an enzyme cofactor in the metabolism of tyrosime and the synthesis of carnitine, norepinephrine and peptide hormones. Increases iron absorption from small intestines and is an anti-oxidant." (Hirschmann, J.V. et al, 1999)

Ascorbic Acid recycles Vitamin E by relieving it of excess electrons, thereby rejuvenating Vitamin E's antioxidant status.

*This statement has not been evaluated by the Food and Drug Admin. This product is not intended to diagnose, treat, cure or prevent any disease.